

CLYDESDALE AMATEUR ROWING CLUB

THE HEAD OF THE RIVER RACE FOR 4s and 8s

(Under S.R. Rules)

Saturday 14th March 2026

Division 1 at 11:00 and Division 2 at 2.30 pm



Information for Competitors

1. Each competitor or a club representative must report to Regatta Control at the Clydesdale boathouse between 08.30am and 09.30 am to –
 - (a) advise any scratchings
 - (b) pay outstanding fees
 - (c) check regatta time and possible changes
 - (d) collect bow slot number and back number at £5.00N.B. All boats must have a bow slot to hold the bow number. Failure to display the numbers will result in no time being taken. If bow numbers and/or cloth numbers are not returned after the race or are returned damaged the deposit of £5.00 each per number will be forfeited.
2. **START & FINISH**

The COURSE will be from the STRAIGHT upstream of DALMARNOCK BRIDGE to level with the WESTERN EDGE OF THE VIEWING PLATFORM in GLASGOW GREEN, approx. 4,000 metres.
- 3(a) Boats must be in position in the ASSEMBLY AREA as shown in the diagram attached, punctually by **10.50 am (div 1) and 2.20 pm (div 2)**

As a guide to less experienced competitors, it may take 20 minutes or more to race over the course, so allow more than this to get to the start. Any very late boat may be prevented by the umpires from going upstream round the bend at the sewage works.

To avoid congestion in the START AREA, competitors arriving early and not wishing to take up their position should NOT go through Dalmarnock Bridge until they are prepared to come under the marshal's instructions. N.B. Normal rules of the river apply before the race, i.e. go upstream on the North Bank and downstream on the South Bank. **Unlike many other waterways, the "normal rules" on the Clyde are to proceed on the left hand side (port) side of the river.**
- 3(b) Boats will be assembled above the Starting Line and will face upstream with **ODD** numbers on the **NORTH** bank (*this is the boathouse side which will be the bank on your left as you proceed upstream*) and **EVEN** numbers on the **SOUTH** bank, each boat half a length apart. The centre of the river should be left clear to allow other competitors free passage to their position.
- 3(c) Competitors not above Dalmarnock Bridge by 10.50 am (Div 2 – 2.20pm) will be stopped and held downstream of the Timing Line until all others have started. At the starter's discretion, the late comers may

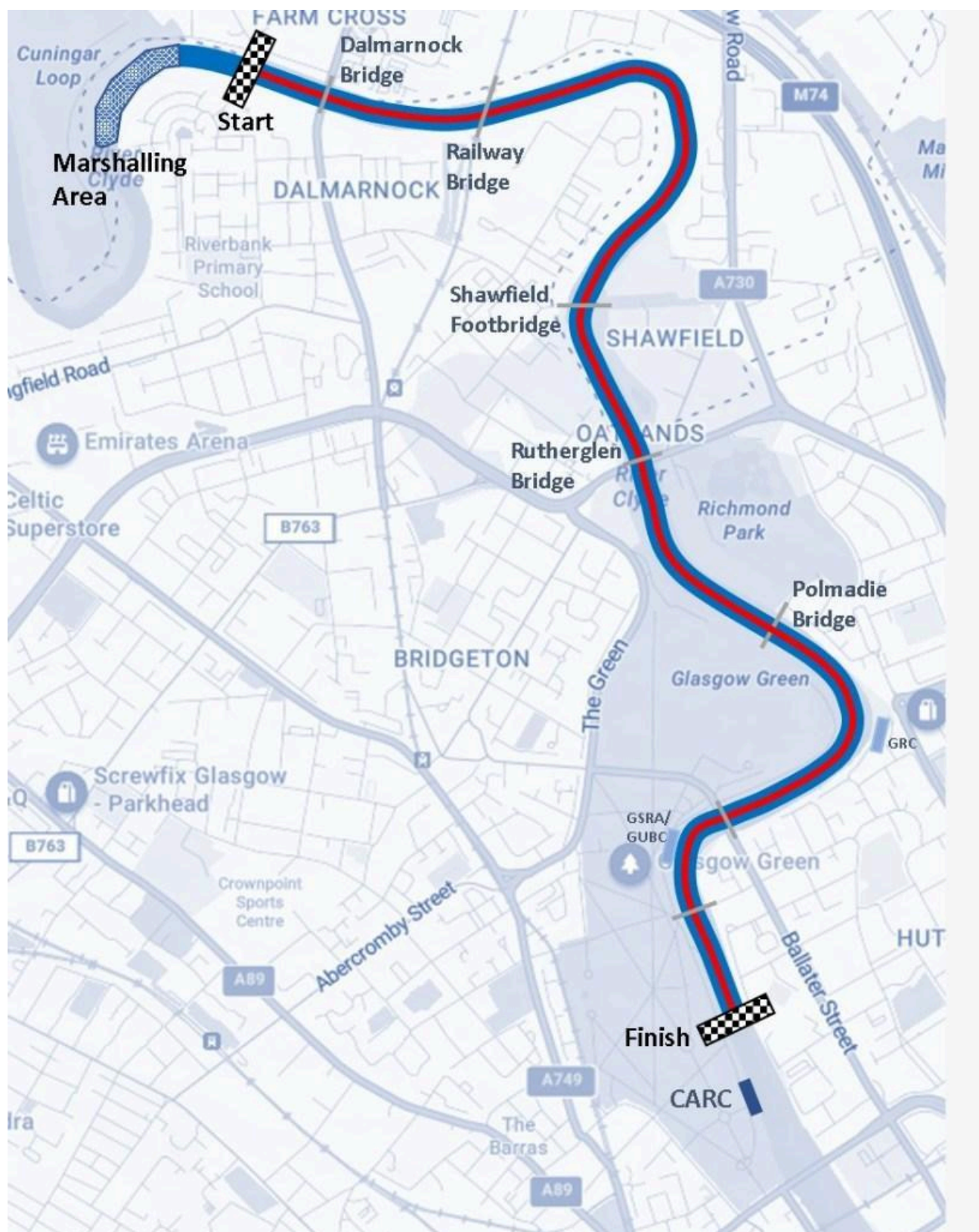
be allowed to race but will have a **TIME PENALTY** of 5 seconds for every minute or part of a minute late.

4. The order for boats to turn and move forward will be given by the Marshals using an air horn/whistle 3, 2 and 1 minutes before the start time.
Proceed downstream to the Start Line in number sequence where boat number and "GO" will be called to give a flying start over the Timing Line. The first competitor will start at 11:00 am (Div 1) and 2.30 pm (Div 2) and the others will follow at approximately 15 second intervals. Any time gap between returning scullers and new entrants will be notified at Regatta Control.
5. Competitors may take any arch they wish at the various bridges on the course, subject to the following:
 - Do not use the south arch of Rutherglen bridge (the arch on your port side as you scull downstream)
 - Do not use the north arch of King's bridge (the arch on the starboard side/Glasgow Green side) as there may be scullers making their way back from the finish towards Glasgow RC)
 - Any further restrictions will be notified at Regatta Control.

Please be aware that there may be scullers returning from the finish towards Glasgow RC & other boathouses. They will be marshalled to keep on the North Bank & instructed to not impede racing crews.

6. The following instructions have been issued to Umpires who will patrol the course during the race:-
"Boats being overtaken must give way to those overtaking, so that the overtaking boats have a clear course."
Any delay in obeying the Umpire's instructions on the part of a competitor may lead to a disqualification if the overtaking boat is forced out of its course whether or not a clash occurs.
7. Competitors should proceed downstream of the Finish Line before stopping. Competitors returning upstream should proceed in single file up the north (boathouse) side only and should not come back on to the course until the last boat has finished. **THOSE RETURNING TO GLASGOW BOATHOUSE SHOULD TAKE CARE ABOVE KINGS BRIDGE NOT TO IMPEDE RACING BOATS WHO MAY BE APPROACHING THAT BRIDGE.**
8. Anyone disregarding the above instructions may not be timed.
9. Results will be announced at 4.00 pm in the Clydesdale clubhouse. Refreshments will be available.
10. **SAFETY**
 - (a) A safety launch will follow the last competitor downstream.
 - (b) Competitors should take careful note of any HAZARDS shown on the map of the course displayed at Regatta Control.
 - (c) Boats and crews must comply with the safety rules laid down in In the Scottish Rowing Rules
 - (d) **KEEP WELL CLEAR OF THE WEIR.**

Map of Course



IN THE EVENT OF ADVERSE CONDITIONS, THE RACE MAY BE
SHORTENED OR CANCELLED.
PLEASE REFER TO THE CLYDESDALE WEBSITE FOR A FULLER
VERSION OF THIS INFORMATION.