

# Clydesdale Amateur Rowing Club

A Scottish Charitable Incorporated Organisation with registration number SC045523



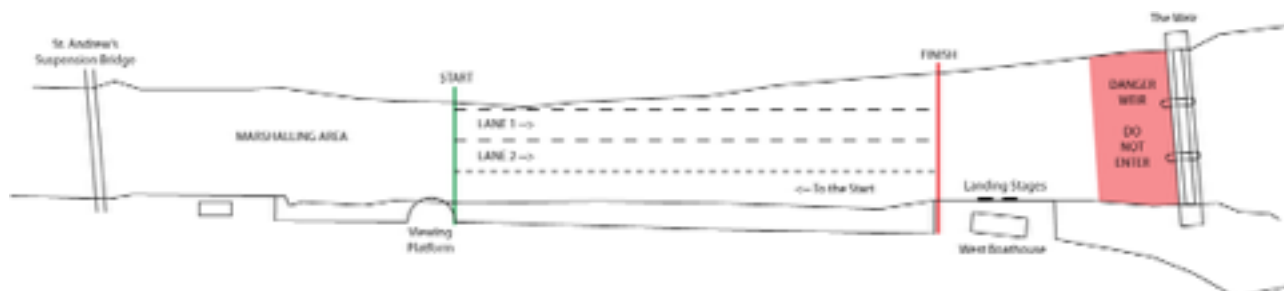
## SUMMER SPRINTS 2017 INFORMATION FOR COMPETITORS

Under rules of Scottish Rowing

### THE COURSE AND CONDUCT OF RACING

1. All races will be on a two lane course from the Viewing Platform to the marker post at the West Boathouse, a distance of approx. 250 metres.
2. All crews should register at Regatta Control at the Clydesdale boathouse at least 45 minutes before their first race of each event.
3. All crews must allow adequate time for boating and getting to the start. Boats must be launched and returned to the steps facing upstream. Competitors must follow marshals' instructions at all times. Crews proceeding upstream to the start should go upstream on the boathouse side.
4. Double boat use might lead to tight turn-arounds. Crews awaiting a boat should be ready to board at the steps. Any unnecessary delay may lead to disqualification.
5. Crews should report to the start at least 5 minutes before race time (in case of a tight boat turn-around, as soon as practically possible). Assemble in the Marshalling Area above the start alongside your competitor and proceed towards the start, in event order, in good time.
6. Lane 1 is on the Gorbals side of the river, Lane 2 on the Boathouse side.
7. Immediately after the finish, crews should stop rowing and hold the boat to avoid getting too close to the Weir.

### COURSE MAP



### SAFETY

8. Competitors should be aware of the Scottish Rowing Rules of Racing, the Scottish Rowing Water Safety Code, and the Rules of the River Clyde.
9. The Regatta's Safety Advisor and First Aider can be contacted through Regatta Control.
10. In case of emergencies always contact 999 first before notifying regatta control.  
Location: West Boathouse, The Weir, Glasgow Green, G1 5QA.
11. In the event of adverse weather or river conditions, races may be altered or cancelled.

### DISCLAIMER

12. Clydesdale Amateur Rowing Club accepts no responsibility for those competing in any capacity, in the event. Actions are the responsibility of the individual.